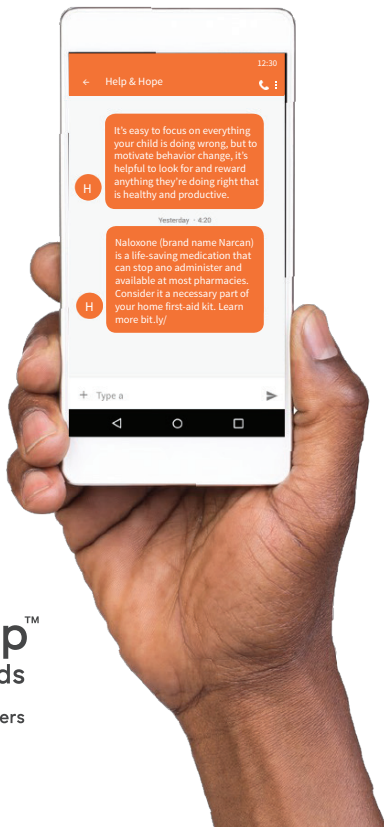


# Text JOIN to 55753 to get started with messages of **Help & Hope by Text**

## HOW IT WORKS:

1. Text JOIN to 55753
2. Answer a quick series of questions about your child and his or her opioid use.
3. Receive messages with information and support specific to your family's needs.



**Partnership**<sup>™</sup>  
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Where families find answers

# Get Messages of Help & Hope by Text

**Parents and caregivers who have a child struggling with opioids** can receive helpful messages sent straight to their mobile device. Messages include evidence-based skills and strategies to help parents better communicate with their child and motivate them to get the help they need.

By **texting JOIN to 55753** and taking a brief assessment, messages are tailored with information and support specific to a family's needs.

## Parents can access:



Life-Saving Information



Reminders to Take Care of Yourself



Strategies to Help Motivate Your Child



Live Support

At any time, parents can connect directly with a Parent Helpline Specialist to talk one-on-one about the nuances of their particular situation and get help making an action plan.

**Parents are their child's best advocate. We are theirs.**

"The messages were fantastic. I felt cared for, like someone could understand what I was going through. It was so helpful to have it all in one place."



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[drugfree.org](https://drugfree.org)